

LUNCH WEEK



1

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL #ONE

Beef Bolognese,
Garlic Bread &
Salad

Marinated Chicken
Pieces, & Sides

Roast Pork Loin
Apple Sauce
Apricot & Parsley
Stuffing, Gravy.

Mexican Kitchen
Or Lebanese
Street Food

Battered Fish,
Jumbo
Sausage Chips,
Peas, Lemon &
Tartare Sauce

MAIN MEAL #TWO

Macaroni Cheese

Falafel, Sweet
Chilli & Lettuce

Mac n Cheese

Mughlai Vegetable
Korma, Rice &
Sides

Quorn Sausage

HANDHELD

Pepperoni Pizza
Slice

Cheese Panini

Margherita Pizza
Slice

Triple Cheese
Panini

Panini Or
Battered Sausage

Triple Cheese
Panini

BBQ Chicken
flatbread

Tandoori Chicken
flatbread

BOWLED OVER

Vegan Rice Bowl

Pasta Kitchen

Pasta & Sauce

Pasta Kitchen

Pasta Kitchen

DESSERTS

Cold Dessert Or
Fruit Pots

Cold Dessert Or
Fruit Pot

Cold Dessert Or
Fruit Pot

Cold Dessert Or
Fruit Pot

Cold Dessert Or
Fruit Pot

caterlink
feeding the imagination

**meal
DEALS**

£2.45

JACKET STATION

Sweet potatoes and Jacket potatoes with various fillings on offer including; cheddar cheese, baked beans and tuna with mayonnaise

ALLERGIES

PLEASE SPEAK TO OUR STAFF MEMBERS IF YOU HAVE ANY ALLERGIES AND NEED TO KNOW WHAT IS WITHIN EACH OF OUR DISHES. THEY WILL ADVISE YOU ON YOUR AVAILABLE FOOD CHOICES.

COMING SOON

British Food Fortnight

Soups

Come and try our range of soups available. Varying daily and providing healthy options for you all!

Bowled Over

Pasta / rice / noodles served daily with different toppings!

**VEGAN OPTIONS
AVAILABLE DAILY!**

THE
**ROOTED
KITCHEN**

LUNCH WEEK 2



| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-----------------------|---|--|---|--|---|
| MAIN MEAL #ONE | Meatball Marinera Garlic & Herb Seasoned Wedges | Flavoured Chicken Strips in Flatbread with salads & sauces | Roasted Turkey Cranberry Sauce Sage & Onion Stuffing & Gravy | Mexican Kitchen Or Lebanese Street Food | Battered Fish, Chips, Peas, Lemon & Tartare Sauce |
| MAIN MEAL #TWO | Vegan Veggie Chilli Garlic & Herb Seasoned wedges | Falafels & Houmous In Flatbread with salads & sauces | Mac n' Cheese | Mughlai Chickpea & Lentil Dahl Garlic Rice & Sides | Saveloy Fishcake |
| HANDHELD | Pepperoni Pizza Slice Cheese Panini | Cheese & Red Onion Panini Chicken Flatbread | Cheeseburger Margherita Pizza Slice | Tikka Folded Naan with mint yoghurt & Bombay slaw | Quorn Dog, Onions & Salsa |
| BOWLED OVER | Pasta Kitchen | Flavoured Chicken & Cous Cous | Pasta Kitchen | Noodle Street | Pasta Kitchen |
| DESSERTS | Chocolate & Apple Cake | Orange Bread & Butter Pudding | Berry Crumble | Carrot & Courgette Sponge | American Pancakes & topper |

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LUNCH WEEK



3

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL #ONE

Bangers & Mash

Quirky Chicken

Roasted Honey Glazed Gammon & Gravy

Mexican Kitchen Or Lebanese Street Food

Battered Fish, Chips, Peas, Lemon & Tartare Sauce

MAIN MEAL #TWO

Veggie Sausage & Mash with Gravy

Roasted Vegetable & Feta Burrito

Mac n' Cheese

Mughlai Vegetable Korma, Rice & Sides

Fishcake Jumbo Sausage

HANDHELD

Pepperoni Pizza Slice
Cheese Panini

Loaded Nachos
Sweet Chilli Chicken Wrap

Roast Gammon Bap
Margherita Pizza Slice

Chicken Pizza Slice
Pizza Melt Panini

Grilled Garlic & Herb Halloumi Burger

BOWLED OVER

Pasta Kitchen

Vegan Nuggets & wedges

Noodle Street

Pasta Kitchen

Pasta Kitchen

DESSERTS

Eves Pudding

Warm Red Cherry Pancake

Wholemeal Apple & Cinnamon Crumble

Sticky Toffee Pudding

Chocolate Sponge

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