

Both pathways

What is OCR Cambridge National Certificate Level 1/2 Sports Studies about?

The qualification has been designed with practical and engaging ways of teaching, enabling pupils to learn to:

- develop a range of skills through involvement in sport and physical activity in different contexts and roles
- develop their ability to apply theoretical knowledge to practical situations
- gain a better understanding of the complexity of different areas of sport and the sports industry
- increase their awareness of different ways to stay involved in sport and physical activity and of different careers and roles within sport.

Course Content:

This qualification takes a more sector-based focus, whilst encompassing more core sport/ Physical activities themes. Pupils will have the opportunity to apply theoretical knowledge about different types of sport and physical activity, skills development and sports leadership to their own practical performance.

1. Developing Sport Skills:

Practical component. Developing pupils' skills, techniques and use of tactics, strategies and compositional ideas in both an individual and team sporting activity, as well as their understanding of rules to allow them to act in a number of officiating roles within an activity.

2. Contemporary Issues in Sport (Written Exam)

It is often said that sport is a reflection of society and, as such, many of the broad issues which affect society are also prevalent in sport. For the same reasons, sport can also be a force for good at local, national and international levels, because of its ability to bring people together.

3. Sport & the Media (Coursework)

The media impacts upon all aspects of society and consists of many strands, such as television, radio, the internet, newspapers, books and magazines. Sport uses the media to promote itself and in turn the media uses sport to expand and maintain uptake of its products.

4. Sports Leadership (Coursework)

Whether voluntary or professional, the role of the sport leader is imperative in any sport; adopting the role of coach, manager, teacher or team captain, sport leaders can shape the development of sport by influencing and inspiring those around them to participate and perform in sporting activities.

Assessment:

- Written exam: 1 hour
- 60 marks
- 25% of overall grade

Non-exam assessment (NEA)

- 75% of overall grade
- School assessed coursework
- 1 assignment per unit (4 units) consisting of numerous tasks to complete all required learning outcomes.

Benefits and opportunities:

The Sweyne Park School offers A-level Physical Education. Other local colleges and sixth forms also offer A-level or vocational courses such as Level Three BTEC Extended Diploma in Sport & Exercise Science or Sport (Development, Coaching & Fitness)

Trip opportunities to broaden the knowledge, understanding and experiences of Adventure & Outdoor education.

Subject Leader: Simon Field

Exam Board:

Subject:

Board: Syllabus Code: Examination/NEA/Coursework

Sports Studies Cambridge National Certificate OCR J813 Practical 25% / Exam 25% / Coursework 50%