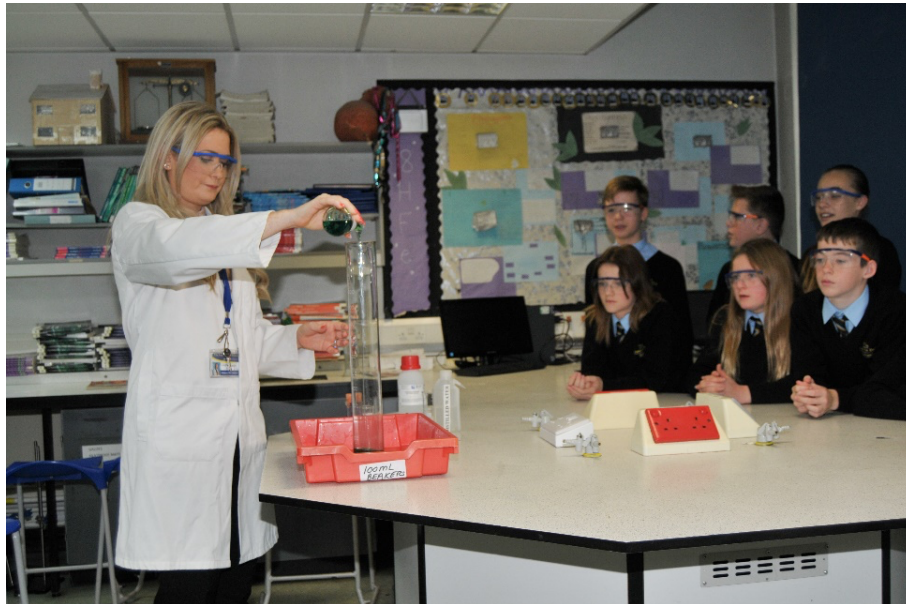


THE SWEYNE PARK SCHOOL

Welcome to Sweyne Park Year 6



THE SWEYNE PARK SCHOOL



Welcome

I am Mrs Dines, your new Headteacher, and I am delighted to welcome you to Sweyne Park. It is very sad that we are not in a position to welcome you, in person, at this time, but I am really looking forward to doing so when the time arrives.

Over the coming weeks, we will be sending you plenty of information, which, I hope, will answer the questions you may have and put you more at ease. We all recognise what a big move this is for you, and I want to reassure you that we will be here to help and support you when you start at Sweyne Park and throughout your time with us.

It will be lovely to meet you all soon. In the meantime, please do not worry about September and I hope you have a very happy Summer Holiday, when it comes.

THE SWEYNE PARK SCHOOL

Hello

- I am Miss Taylor and I will be your Head of Year.
- This is the first booklet about our school.
- I hope you enjoy reading it and we will send you more information next week.
- Your teachers are also preparing some projects to help you get ready and see what your new lessons will be like. This work is in the form of projects, and you can bring this along to your tutor on your first day in September.



Addressing Concerns

Think about these questions ahead of your first day at Sweyne Park.

What am I really looking forward to?



What am I really worried about?

We are now going to look together to see if we can help with some of the main concerns that you might have.

What are the school rules?

To be successful at Sweyne Park you need to remember three things:

Be ready

Be respectful

Be safe

I am going to start by thinking about being respectful

THE SWEYNE PARK SCHOOL

RESPECT

What does it mean to you? What does it mean to others?



7 ways to show you're
**All About
RESPECT**

"Show respect even to people who don't deserve it; not as a reflection of their character, but as a reflection of yours."

Dave Willis



Our School Ethos of Respect

1. **Respect yourself**

This means being punctual, taking pride in your appearance, being organised, working to the best of your ability.

2. **Respect others**

This means being kind, helping and supporting others.

3. **Respect our school community**

This means being a good role model, helping the local community, looking after our school building and keeping it tidy.

Thought for the Year

*“You earn
respect by
giving respect!”*

How will I make new friends?

Respectful people make good friends

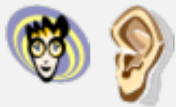
We will do all we can to help you to establish new friendships. You will have a familiar face with you in your tutor group and we will be arranging a number of activities in your first week that will help you to meet new people.

Remember, this is the perfect opportunity to face the challenge of meeting and making new friends.

The following slides will help to prepare you for this challenge.

Joining-in

Joining in conversation or a group activity can be scary. However, it is one way to make new friends. Try these strategies for joining in.



Watch and listen.

Observe what the group is doing. Listen to what the people are saying. Don't interrupt.



Make a friendly comment or gesture.

Nod your head and smile. Make comments like, "That's a good idea", or "That looks great".



Find something you have in common with the group.

Think about your own experiences. You could say, "I saw that movie", or "I have that game at home". Keep your comments short.



Ask to join the group.

Wait for a pause in the conversation. You could say, "Can I walk with you?" "Do you need any help?" or "Can I join in?"

Making new friends

At Secondary School there will be pupils from other schools. There will be opportunities to make new friends. It can be difficult to get to know someone new.

It may help to act out meeting new people and use some of these suggestions.

- Smile when you say **“Hello”**.
- Start the conversation by asking a question about what they are doing.
“What are you doing?” or **“What are you reading?”**
or about something you have in common
“So how do you like this lesson?”
- Introduce yourself
“By the way my name is _____, what’s yours?”
- Ask some other questions to find out about them. Suitable topics may be:
 - School: **What is your favourite lesson?**
Who is your teacher?
 - Home: **Where do you live?**
How do you get to school?
 - Interests: **What do you like doing?**
What’s your favourite TV programme?
 - Family: **Have you any brothers and sisters?**
- If they answer your question respond to some of the information they have told you. If you can, ask another question :
“That’s my favourite lesson too. I enjoyed working on the computers. What did you like doing?”
- Do not ask about sensitive topics. These are topics that could make the other person upset.
- Don’t ask about something that makes the person look or sound different.

How to be a friend

Here are some positive things friends do for each other to keep their friendship strong.

- **Empathise.**
 - Put yourself in your friend's situation to understand what they're going through.
- **Support.**
 - You can show your support for your friends by just listening when they want to share.
- **Compliment.**
 - Everyone likes to receive a compliment.
 - Compliment your friend on a new hairstyle, a great score on a test, a smooth football move.
 - Be specific and keep it simple.
 - Choose the right moment to give the compliment.
- **Respect privacy.**
 - Sharing secrets is a fun part of a friendship.
 - It's hard to regain your friend's trust if you tell secrets you weren't supposed to share.
- **Encourage.**
 - Use encouraging statements like, "You can do it".

When you wonder if you are being a good friend?
Ask yourself this question:

Am I treating my friend like I want my friend to treat me?

